

FAMILY GAME: CHARADES

REDUCE SCREEN TIME & INCREASE PARENT/CHILD ENGAGEMENT TIME

HOW TO PLAY

1. As a family choose a topic (ie: Cartoons, household chores, boating).

2. Kids write down items from that topic onto loose paper that they can crumple. Put those crumpled pieces of paper into a hat or bowl.

3. First person draws out a crumpled paper and reads the action/item to themselves.

4. Without speaking, they must act out the item/action and the rest of the family needs to guess what they're acting out.

5. The person who guesses correctly is next to select a crumpled piece of paper.

