



Mura Buai WellBeing Service

Our service works with family members

- Parents, Carers and Communities.

We are based on Thursday Island and work throughout the Torres Strait Region.

*This is a free
confidential service*

"Helping create safer communities"

Our Focus

To promote the safety
and wellbeing of Families.

All Women Sisters

Mura Buai Wellbeing Service



To improve the wellbeing and safety of Aboriginal and Torres Strait Islander families, children and young people.

Help to access culturally responsive support to improve their social, emotional, physical and spiritual wellbeing. Build their capacity to safely care for and protect their children and families.

What supports do we offer?

- Budgeting
- Basic skills in managing a household
- Help establish safe practical routines for your children
- Parenting programs
- Cultural support and Kin support
- Healthy eating / Meal preparations
- Safety within the Home/ Domestic and Family Violence support
- Emotional support

Assist to access other support services such as

- Health
- Education
- Housing
- Centrelink

If you or anyone you know need to access the Mura Buai Wellbeing Service.

For our assistance call or visit

TRAWQ COMMUNITY HALL (upstairs)

(07) 4069 1954

2-8 Olandi Street, Thursday Island